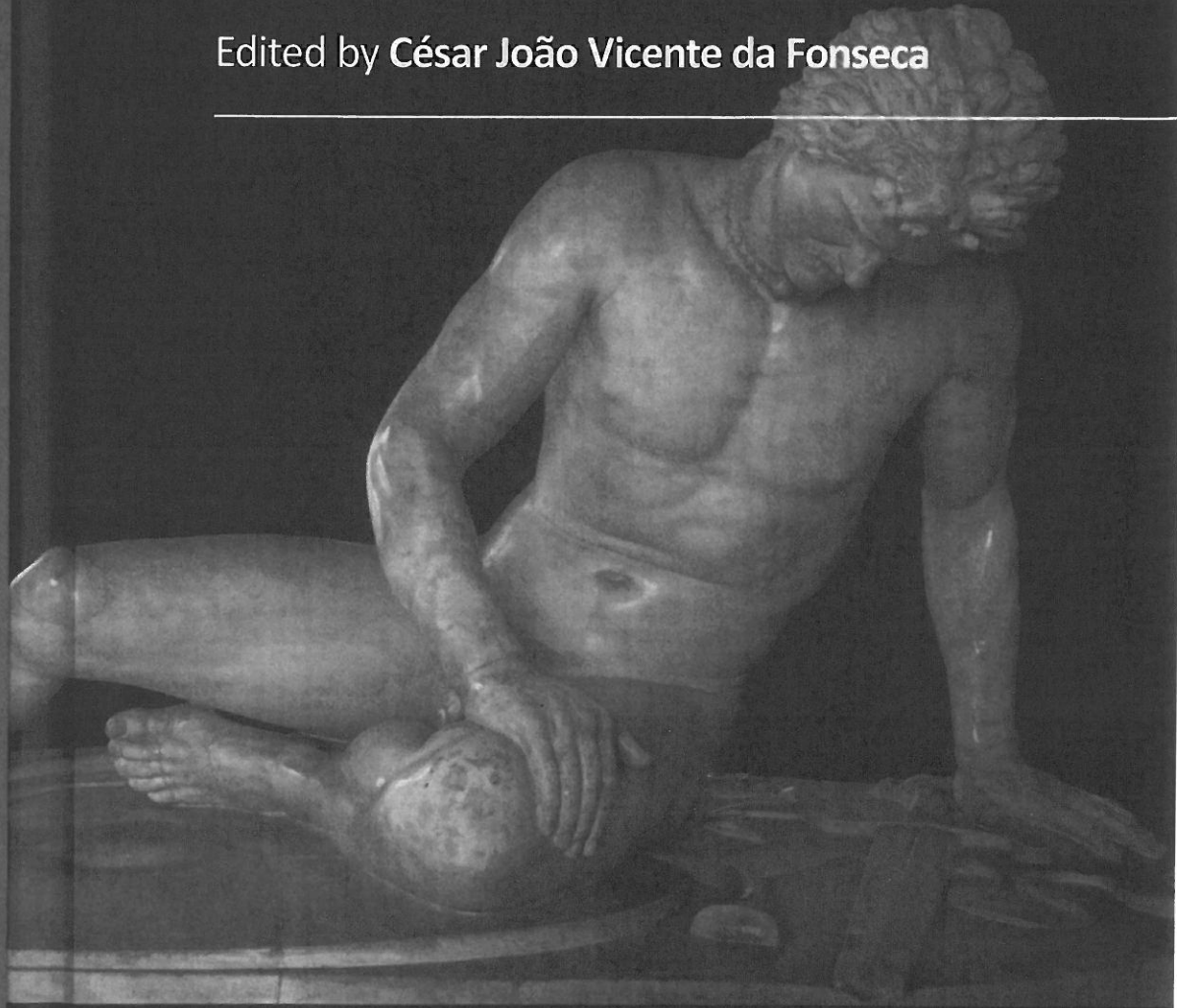

WORLDWIDE WOUND HEALING

INNOVATION IN NATURAL
AND CONVENTIONAL METHODS

Edited by César João Vicente da Fonseca



INTECH

Contents

Preface VII

Section 1 Scientific Evidence in Traditional Methodologies Wound Healing 1

Chapter 1 **Wound Care: Traditional African Medicine Approach 3**
Philip F. Builders and Modupe I. Builders

Chapter 2 **Research in Phyto-Constituents for Treatment of Wounds 25**
Chhaya H. Gadgoli

Chapter 3 **In Search of Wound Healing Drugs: A Journey Through
Ayurveda 47**
Tuhin K. Biswas, Saheli Banerjee, Nandini Poyra, Srikanta Pandit,
Utpalendu Jana, Shrabana Chakrabarti and Tapan Seal

Chapter 4 **Natural Compounds for Wound Healing 61**
Mihaela Georgescu, Oana Marinas, Marcela Popa, Teodora Stan,
Veronica Lazar, Serban Vifor Bertesteanu and Mariana Carmen
Chifiriuc

Section 2 Development of Conventional Methodology and Quality of Life 91

Chapter 5 **Nursing Interventions in Prevention and Healing of Leg Ulcers:
Systematic Review of the Literature 93**
César Fonseca, Manuel Lopes, Ana Ramos, Vitor Santos, Antonio
Esquinas and Pedro Parreira

VI Contents

Chapter 6 **Aspects Related to Venous Ulcer Healing and its Influence on Quality of Life 105**

Gilson V. Torres, Aline M. Pergola-Marconato, Thalyta C. Mansani Schlosser, Rhayssa O. Araújo, Dalva C. Silva, Abigail Gómez-Moral Sandra M.S.G.S.O. Torres, Felismina R.P. Mendes and Eulália M.C. Maia

Chapter 7 **Placental Cells and Tissues: The Transformative Rise in Advanced Wound Care 121**

Jeremy J. Lim and Thomas J. Koob

Aspects Related to Venous Ulcer Healing and its Influence on Quality of Life

Gilson V. Torres, Aline M. Pergola-Marconato,
Thalyta C. Mansano-Schlosser, Rhayssa O. Araújo,
Dalva C. Silva, Abigail Gómez-Morales,
Sandra M.S.G.S.O. Torres, Felismina R.P. Mendes and
Eulália M.C. Maia

Additional information is available at the end of the chapter

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Abstract

Nowadays, the varicose ulcers (VUs) are one of the most worrying leg ulcers and are an important global health problem, with high costs related to the treatment and its complications. Moreover, the quality of life (QOL) of the patient could be affected by pain, sleep disorders, functional impairment, depression, and isolation. The VU patient care is complex, and it is necessary to know the aspects that contribute to the healing process for developing effective strategies. The members of the multidisciplinary health team should identify sociodemographic, clinical, and care aspects that interfere in tissue repair and therefore impacting the QOL. Self-efficacy, adherence to treatment, and self-esteem are other important aspects also related to healing and QOL, with implications for health care and the multidisciplinary team. To sum up, the use of multidisciplinary protocols allows the systematization of care for people with VUs in order to standardize therapeutic interventions with the aim to decrease the healing process time and, as a consequence, to improve the QOL.

Keywords: wound healing, varicose ulcer, quality of life, self-efficacy, self-concept